



# Ultimate Carry-On Packing List for One Month in Europe

## ***Toiletries & Personal items***

- ☐ Contacts/ Glasses
- ☐ Nail polish
- ☐ Medications
- ☐ Sunscreen
- ☐ Makeup
- ☐ Essential skin care
- ☐ Mini razor
- ☐ Nip covers
- ☐ Blister bandaids
- ☐ Electrolytes
- ☐ Toothbrush + Toothpaste
- ☐ Hair brush
- ☐ Dry Shampoo
- ☐ Deodorant
- ☐ Perfume

## ***Bags & Storage***

- ☐ Tote bag
- ☐ Travel cross body
- ☐ Hanging toiletry bag
- ☐ Collapsible Packing Cubes
- ☐ Jewelry Organizer

## ***Bus, Plane, Train, & Ferry Essentials***

- ☐ Travel pillow
- ☐ Foot hammock
- ☐ Kindle
- ☐ Passport
- ☐ HeadPhones
- ☐ Lip Balm

## ***Clothing, Accessories, & Intimates***

- ☐ 2 pairs of pjs
- ☐ 5-6 pairs of socks
- ☐ 14 pairs of undies
- ☐ A few bras (if you want- I won't judge)
- ☐ 2 pairs linen pants (could have honestly brought one)
- ☐ 2 linen button ups

- ☐ One sweater
- ☐ 4 dresses
- ☐ 2 skirts
- ☐ 2 shorts
- ☐ 8 tops
- ☐ 4-5 bathing suits
- ☐ 3 pairs of shoes: sandals (dress up or down & MUST BE COMFY), birks, running shoes
- ☐ Sunglasses
- ☐ Hat

## ***Extras***

- ☐ Microfiber towel
- ☐ Collapsible water bottle
- ☐ Pilly pal: dramamine, tylenol, tums, melatonin, allergy meds
- ☐ Adaptors
- ☐ Power bank
- ☐ Wrinkle remover spray
- ☐ Tide pods
- ☐ Tide Sticks
- ☐ Charging cords

## **NOTES:**